



# The Enzyme Cure: How Plant Enzymes Can Help You Relieve 36 Health Problems (Natural Solutions' Magazine Guides)

*Lita Lee*

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The medical industry continues to tell us that conventional medicine is the only way to treat all of our health issues. For too many people, however, these treatments do little more than spend money. But there are alternatives. For decades, the use of natural enzymes has been studied and evaluated. *The Enzyme Cure* is a comprehensive guide for everyone who wishes to learn more about treating health problems with enzymes.

The Enzyme Cure teaches you how to use plant enzymes to help reverse asthma, cancer, diabetes, herpes, kidney stones, menopausal symptoms, weight problems, and dozens of other common disorders. It not only details the enzymes that should be used for each condition, but also guides you in treating many underlying problems through diet and lifestyle changes. If you have ever wanted safe and effective medical alternatives, ever wished that doctors would provide new solutions instead of more prescriptions, *The Enzyme Cure* is for you.

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