



Superflex Takes on Glassman and the Team of Unthinkables

Stephanie Madrigal and Michelle Garcia W

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In this new teaching comic book in the Superflex series, the superhero, Superflex, swoops down to help Aiden overcome the Unthinkable, Glassman (who causes our over-reactions to small things), at just the right time: the first day of school! This very popular comic book works well with K-5 students. Superflex shows elementary school students how they can use strategies to conquer their own "Team of Unthinkables," including Glassman and other characters. In the process, students learn to calm Glassman and ways to assess the size of problems and other issues. As students face Glassman and other Unthinkables, they build up and learn to flex nimble, new mind muscles -- thinking skills that help them manage and work on the thoughts and behaviors that may be causing them problems. The step-by-step strategies and lessons in this book guide students, with their teachers and parents, through a full "training session" in their own Superflex academy. Quizzes and tip sheets are built into the book. By teaching students to explore the differences between Superflex and the student's own motley crew of Unthinkables, students can better understand and modify their behaviors and, as they progress and graduate from the academy, see the rewards of doing so! How to Use the Book This 67-page teaching comic book is the 2nd publication in a series about Superflex and how he outsmarts the "Team of Unthinkables." This curriculum is laid out in Superflex Takes on Rock Brain and the Team of Unthinkables and the related curriculum. It is strongly recommended that readers of this new comic book read the first book and be aware of the concepts of the Social Thinking curriculum for students with higher-functioning autism, Asperger's, ADHD and similar communicative challenges, diagnosed and not.

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