



Forensic CBT: A Handbook for Clinical Practice

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Forensic CBT: A Handbook for Clinical Practice is an edited collection that represents the first authoritative resource on the utilization of CBT strategies and techniques for offender clients.

- Features contributions from leaders of the major schools of CBT on the treatment of antisocial personality patterns as well as anger, interpersonal violence, substance abuse, and sexual aggression
- Addresses modified CBT approaches for female, juvenile, and culturally diverse forensic populations
- Covers emerging areas of forensic practices, including the integration of motivational interviewing and strength-based approaches
- Includes an assortment of worksheets, handouts, and exercises for practitioners to use with their clients

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