



Million Meals Planner: Recipes for More than a Million Combinations of Fat Loss Plates Your Whole Family Will Love

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Most diet programs limit the foods you can eat, and rob you of the joy of eating. The Food Lovers System Million Meals Menu Planner helps you create an endless supply of meals - without having to eat the same foods over and over. Remember, the Food Lovers System is all about maintaining your fat burning while still enjoying your favorite foods. The Meal Planner offers you thousands of different meal combinations so you never get bored. Plus, the ingredients and foods are all available at your local supermarket so you won't have to spend hours driving all over town to find them.

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