



# **Playing and Learning Outdoors: Making provision for high quality experiences in the outdoor environment with children 3-7**

*Jan White*

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Playing and Learning Outdoors shows early years practitioners how to get the very best from outdoor playing and learning for the enjoyment, health and education of all children from ages three to five years. Fully updated to reflect the current status and understandings regarding outdoor provision within early childhood education frameworks, this new edition will allow practitioners to develop rich and stimulating outdoor play provision in Early Years settings and enable them to feel confident to offer wonderful play experiences outdoors.

Playing and Learning Outdoors offers practitioners achievable advice and support, based on approaches which are appropriate and effective for young children's all-round well-being and development. This invaluable resource also includes practical advice on:

- movement and physical play
- playing with sand, natural materials and water
- plants, living things and growing
- construction, creative and imaginative play.

This second edition also includes a brand new chapter on 'Providing experiences beyond the garden walls' which will urge practitioners to harness the huge potential contained in the locality (physical world) and local community (human world) around the early years setting's own boundaries. Filled with advice and support, this lively, inspiring and accessible book will help practitioners to develop a truly practical and enjoyable approach to learning through play outdoors for all children aged from 3 to 7.

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