



Herbs & Spices: The Cook's Reference

Jill Norman

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Herbs & Spices is the essential cook's companion, now redesigned and updated with all new recipes.

A classic reference, the best-selling *Herbs & Spices* is a trusted resource in the kitchen, with more than 200 unique herbs and spices from around the world showcased alongside gorgeous, full-color photography, flavor notes, and pairings. This new, updated edition includes the newest herbs, spices, and flavorings influencing global cuisine today, plus more than 180 recipes for main dishes, marinades, pastas, pickles, and sauces.

Part spice cookbook, part kitchen encyclopedia, *Herbs & Spices* offers handy seasoning how-tos:

- How to identify and choose the best herbs, spices, and other flavorings.
- How to prepare and cook with them to ensure you are making the most of their flavors.
- How to make your own blends, spice rubs, sauces, and more — then customize them for your family's palate.

Herbs & Spices is perfect for beginning cooks just setting up a kitchen, foodies exploring the deliciously exotic mash-ups of today's modern cooking, and experts looking for ways to experiment with new flavor combinations. This practical illustrated reference book gives you all the guidance you need to become a master of seasonings and to make tantalizing food from around the world.

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