



# Carl Rogers (Key Figures in Counselling and Psychotherapy series)

*Brian Thorne*

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‘Brian Thorne has arguably become the UK’s leading authority on Carl Rogers and his work, gaining this reputation by producing books which ooze many of the qualities that Rogers himself espoused - frankness, clarity, sensitivity, insightfulness, thoroughness, humility and generosity of spirit. This book will not disappoint the reader on any of these fronts.

I would defy any person-centred practitioner to read it without, at various times, learning something new, being moved, inspired, challenged and entertained’ - *Ipnosis*

As founder of the person-centred approach, Carl Rogers (1902-1987) is arguably the most influential psychologist and psychotherapist of the 20th century. Providing unique insights into his life and a clear explanation of his major theoretical ideas, this book offers an accessible introduction for all practitioners and students of the person-centred approach.

Written by Brian Thorne, leading person-centred practitioner and bestselling author, the **Second Edition** explores the continuing influence of Rogers since his death and the development of person-centred therapy internationally.

Drawing on his experience of having known and worked with Rogers, Brian Thorne beautifully captures the way in which Rogers worked with clients and from that, draws out the practical implications of what is, in effect, a functional philosophy of human growth and relationships.

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