



# Constructive Clinical Supervision in Counseling and Psychotherapy

*Douglas A. Guiffrida*

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**Constructive Clinical Supervision in Counseling and Psychotherapy** Douglas A. Guiffrida  
*Constructive Clinical Supervision in Counseling and Psychotherapy*, the winner of the ACES 2015 Publication in Counselor Education and Supervision Award, articulates a practical, theoretical approach to facilitate supervisee growth and change from a constructivist framework. Constructive Clinical Supervision is written in a way that is highly accessible and inviting to supervisors who are new to constructivist ideas, while also offering sufficient theoretical depth and practical utility for those already well versed in constructivism. It is written for supervisors from all backgrounds, from beginning graduate students who are learning about supervision for the first time, to seasoned veterans who are exploring ways to deepen their clinical practice. The ideas presented in the book are applicable to supervision occurring in a wide range of settings, including schools, mental health clinics, and medical facilities. With its focus on exploring and honoring client, supervisee, and supervisor diversity, Constructive Clinical Supervision provides valuable tools for facilitating cultural competence in both supervisees and supervisors

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