



Eat-a-bug Cookbook: 33 ways to cook grasshoppers, ants, water bugs, spiders, centipedes, and their kin

David George Gordon

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The Essentials of Bug Cookery...From Soup to Gnats

“Waiter, there’s a fly in my soup!” Or wait...maybe it’s a katydid, a silkworm, or a tasty young bee. Anything’s possible at the Eat-A-Bug Cafe, otherwise known as the kitchen of naturalist David George Gordon, entomological epicure extraordinaire.

Gordon has gone to the ends of the earth, to his backyard, and under the refrigerator to find culinary inspiration, and now, after years of experimentation with entomophagy (that’s bug-eating, for those of you in the cheap seats), he presents the results with relish...or at least a light cream sauce.

Now you too can tantalize and terrify your family and friends with Gordon’s one-of-a-kind recipes, including Really Hoppin’ John (grasshoppers add that little extra kick), Pest-O (common garden weevils get their comeuppance in a delicate basil sauce) and Fried Green Tomato Hornworm (the Whistle Stop Cafe was never like this!)

Anecdotes, insights and culinary tips (such as the right wine to serve with scorpions) make this truly a book like no other. Follow the detailed instructions, and your guests will ask for seconds, just like folks at David’s notorious cooking demos. Open your culinary horizons. Buy this book. Eat a bug.

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