



Nursing for Wellness in Older Adults: Theory and Practice

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Nursing for Wellness in Older Adults emphasizes health promotion in relation to the physiological and psychosocial aspects of aging. The functional consequences theory, which looks at how normal age-related changes and risk factors intersect to impact functioning in older adults, forms the framework for the book. Assessment boxes summarize questions and techniques used to assess various aspects of the older adult's functioning. Intervention boxes contain practical suggestions for maximizing function and promoting health. Other features include progressive case studies; lists of organizations to contact for additional information and for patient/client teaching tools; culture boxes and diversity notes, which highlight culture, race, and gender differences; and critical thinking exercises. Additional resources are available at the Connection Website, connection.LWW.com/go/miller.

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