



**[(Trauma, Tragedy, Therapy: The Arts and Human Suffering)] [Author: Stephen K. Levine]
published on (September, 2009)**

Stephen K. Levine

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Stephen K. Levine's new book explores the nature of traumatic experience and the therapeutic role of the arts and arts therapies in responding to it. It suggests that by re-imagining painful and tragic experiences through art-making, we may release their fixity and negative hold on our lives and resist the temptation to assume the role of the victim. Among the many concerns that the book addresses is the damage done by the tendency to adopt stock methods of understanding and superficial explanations for the depths, complexities, wonders, and exasperations of human experience. The book explores the chaos and fragmentation inherent in both art and human existence and the ways in which memory and imagination can find meaning by acknowledging this chaos and embodying it in appropriate forms. The book builds on the important theories of Stephen K. Levine's previous book, *Poiesis: The Language of Psychology and the Speech of the Soul*, also published by Jessica Kingsley Publishers. It challenges dominant psychological perspectives on trauma and provides a new framework for arts therapists, psychotherapists, psychologists and social scientists to understand the effectiveness of the arts therapies in responding to human suffering.

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Tammi Rosado:

This book untitled [(Trauma, Tragedy, Therapy: The Arts and Human Suffering)] [Author: Stephen K. Levine] published on (September, 2009) to be one of several books which best seller in this year, here is because when you read this e-book you can get a lot of benefit in it. You will easily to buy this kind of book in the book retailer or you can order it through online. The publisher on this book sells the e-book too. It makes you quicker to read this book, since you can read this book in your Mobile phone. So there is no reason to you to past this guide from your list.

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