



# My Name is Chellis and I'm in Recovery from Western Civilization

*Chellis Glendinning*

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## **My Name is Chellis and I'm in Recovery from Western Civilization** Chellis Glendinning

What is the relationship between addiction and the ecological crisis? How can we use the lessons of individual recovery to address our collective need to heal society and the Earth? Chellis Glendinning goes beyond the personal to the very heart of Western civilization to answer these questions, and she shows how we can use trauma recovery and deep ecology, along with the wisdom of native cultures, to reclaim our innate wholeness.

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