



Case Studies in Child and Adolescent Mental Health

M. S. Thambirajah

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The case studies in this book provide a unique source of material suitable for all practitioners and trainers. The book gives detailed descriptions of common cases seen in specialist child and adolescent mental health services (CAMHS) including depression, learning disabilities, Asperger's syndrome, anorexia, deliberate self harm and schizophrenia. Subject reviews and summaries in each chapter aid comprehension, and explanatory figures, boxed text and lists make the content easy to recall. The book illustrates practical ways of managing and treating cases in an evidence-based manner. This resource is vital for child and adolescent mental health services practitioners, including psychiatrists, psychologists, specialist child health nurses and social workers. Trainee child and adolescent mental health services practitioners will also find the information invaluable. 'This book would interest the busy CAMHS practitioner and trainee whatever their background, training and persuasion. It will be especially useful for those starting a career in the field and for those following courses in child mental health across the country.

For mature and senior clinicians, the book would help open up space so they can position themselves to think critically about the cases described in the book.' - MS Thambirajah, in the Preface.

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