



Our Long Hairitage: Bringing Peace and Health to Your Head

Roger Sigler

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Did you know that most causes of hair loss are manmade? The overuse of chemicals, scissors, and razors are disastrous to scalp health. A lush rain forest is ruined by clear-cutting just as close-cropping the head invites a desert. To add insult to injury biocides (which include many hair products) aggravate the environment further by destroying the vital inhabitants thereof. Once the process is complete you acquire a landscape like the moon complete with blemishes, scars, and skin eruptions, even cancer. In contrast our long haired ancestors had healthy heads of hair because they manipulated nature little. This unique book traces the history of this fact as well as the origins of excessive hair removal during times of religious idolatry. The fight against hair loss will never be won until you understand that the real root causes are self-inflicted or enforced against you by others. Longer hair is healthier. Enjoy!

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