



# The Heart of Catholicism: Practicing the Everyday Habits That Shape Us

*Bert Ghezzi*

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## **The Heart of Catholicism: Practicing the Everyday Habits That Shape Us** Bert Ghezzi

Bert Ghezzi, bestselling author and popular speaker, invites readers into his deep love for the Church. With great warmth and authenticity, he shows how foundational habits such as praying, studying scripture, serving others, celebrating sacraments, and learning from the saints remind us who we are as followers of Christ.

In this completely revised and expanded version of *Being Catholic Today*, Bert Ghezzi brings together his love for the Church and his teaching expertise in this practical introduction to the way Catholics live. Ghezzi uses stories from his own life to show how Catholicism is contagious, spreading from person to person because of the things Catholics do that are distinctively *Catholic*. Essential practices such as praying daily, celebrating the sacraments, reading and applying scripture, honoring the saints, confessing and overcoming sin, participating in parish life, caring for the poor, and evangelizing are treated in seventeen brief and inspiring chapters.

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