



The Storm of Sex Addiction: Rescue and Recovery

Connie A. Lofgreen

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From one of the country's most insightful therapists comes an unprecedented examination of this burgeoning illness. In *The Storm of Sex Addiction* Connie Lofgreen skillfully educates, bringing clarity to concepts with helpful explanations and stories. She explains the dynamics and roots of the disorder and provides practical information and compassionate guidance to *anyone* affected.

She describes the components necessary for predictable recovery, and envisions a new era of valuing authentic intimate relationships over reckless sexual consumption and exploitation. Lofgreen makes a clarion call for awareness of sex addiction as a public health issue and presents strategic initiatives to respond.

The Storm of Sex Addiction is an informative and useful resource--a must-have for people who want to understand the illness, its treatment, and prevention. Lofgreen understands the challenge, answers the crucial questions, and offers constructive solutions.

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